



**The Trip to Experience the Desert /  
Navajo Land:  
The Rainbow Body VIII, 2025  
with Hiah Park**

**13-day hiking-spiritual adventure travel to the Four Corner and  
the Navajo Indians Reservation and Grand Canyon, USA**

**DATE: 2<sup>nd</sup> -15th Sept. 2025**

Foto: Hiah Park in the Rainbow Warriors Shaman costume.

When Hiah Park was initiated in Korean tradition, in 1981, her God mother and all the shamans, who initiated, and assistant shamans were witnessing, that her warrior Spirit is the Native Indian Rainbow Warrior Spirit. They noticed that this Spirit was dancing with her.



## **In the Land of the Rainbow**

Between the wooded summit of Navajo Mountain (3,148 m) and 70 km to the west town of Page, the Rainbow Plateau extends at an altitude of approximately 2,000 m. There is an untapped wilderness in the southwest of the US state of Utah. Here the Navajo Indians still live and originally grown with nature.

The Navajo Mountain is one of the 6 holy mountain of the tribe. Ceremonies are still held at the top of the mountain. The Rainbow Plateau is very sparsely populated and accessible only by a long and partially unpaved road. Otherwise there are only footpaths and some ancient Navajo shepherds paths.

We visit not as tourists but as friends and enjoy the unspoiled nature.

### **Travel content:**

- Visit with the Navajo Mountain
- Ride on a stone bridge "Hawkeye Arch"  
This great arch is so named because of the large eye formation seen on the cliff behind the arch.
- Northern Arizona has much the same geology as southern Utah, so it is prime territory for rock formations also. Many fine arches and a few natural bridges can be found in the state, including the unique Wrather Arch, one of the largest in the world.
- Tonto Natural Bridge, near Payson AZ - this natural bridge could just as easily be considered a natural tunnel; it is longer than it is high, a very unusual structure.
- The White Mesa Arch is located in the White Mesa of northern Arizona, on the Navajo Reservation. The beautiful colours of the sandstone almost make it look like marble.
- White Craig Arch, also in the White Mesa of northern Arizona. This is a fine example of a jug handle arch.
- The wonderful Royal Arch of eastern Arizona...
- The Eagle Arch - an unusual free-standing arch made of light and dark rock, overlooking a pretty green valley in northern Arizona.
- Petrified Log Natural Bridge -- Petrified Forest National Park, eastern Arizona. The log is quite possibly 300 million years old -- that's from before the dinosaurs.
- Hike to a petroglyph stone (Steineinritzungen - the Anasazi Indians)



- Exciting tour of Monument Valley
- Hike in Zion National Park
- Bryce Canyon National Park
- Canyon de Chelly National Monument, eastern Arizona.



"However, it is not fixed agenda, it can be change any moment according to the circumstances, as our Spirit guide us, spontaneously flexible around this range."  
Hiah Park

**Terms of payment:**

**Travelling to Las Vegas:**

is not fixed yet.

**Accommodation:**

it is not a fixed agenda, it can be changed any moment according to the circumstances

**Catering:**

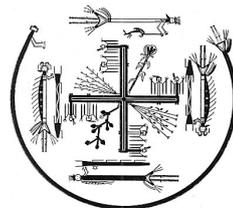
Self-catering

**Other Tips and notes:**

Visainformation - <https://esta.cbp.dhs.gov/>

**Checklist**

- Clothes for hot, dry days and cool evenings
- Hiking shoes, headdress, headscarf, raincoat
- Sun crème
- Warm sleeping bag (tent if possible)
- Towels
- Pocket lamp
- Passport /Visa (valid for another 6 months after entry date)



**Application**  
**Experience the Navajo Land / Desert: Rainbow Body VIII**  
**2<sup>nd</sup> – 15th Sept. - 2025**

**I register for the workshop above:**

\_\_\_\_\_  
First name

\_\_\_\_\_  
Last Name

\_\_\_\_\_  
Street

\_\_\_\_\_  
Postcode, City, Country

\_\_\_\_\_  
Phone

\_\_\_\_\_  
E-mail

**Price:**

Workshop fee : **will be announced** - Transport, board and lodging, (extra)

**Payment on bank account below**

Flight has to be booked individual and is not included in the Workshop-fee.

We recommend you the conclusion of a travel cancellation insurance.

Attention: early booking might safe money.

**Binding registration**

Please send back the filled application form to the adress below and pay (will be announced) € on the account below. The in-payment on the account will reserve your place. rest payment.

**Applications sent to:**

Hiah Park

Piaristengasse 60/5b

A-1080 Wien

Tel: 0043/1-923 03 90

Mail: [hiahpark@gmail.com](mailto:hiahpark@gmail.com)

Web: [www.hiahpark.com](http://www.hiahpark.com)

**Payment to:**

Account holder at Bank Austria Creditanstalt AG

Account No.:

Bank code number:

For international money transfers

Hiah Park

520 964 58505

12000

IBAN: AT 4312 000 520 964 58505

BIC: BKAUATWW

**Subject: Rainbowbody VIII - USA Money transfer charge-free for recipient**

**Conditions:**

As the number of potential participants is limited, please give a binding registration as soon as possible.

Please note that should you cancel less than 2 weeks before workshop start, we are unable to refund your deposit .

The attendee hereby confirms that he/she will participate the workshop self-responsible. The participation of any exercise is voluntary and without force. With signing this application the attendee confirms that no claims for any indemnity can be made.

\_\_\_\_\_  
**Signature**

\_\_\_\_\_  
**Date and place**